



Monarch Beach



SUNRISE ROTARY

ON THE CALIFORNIA RIVIERA

GSE Team Visits From Bavaria

by Don Gonneville

Rotary's Group Study Exchange program is the embodiment of articles 3 and 4 of the 4-Way test: "Will it build goodwill and better friendships?"; and "Will it be beneficial to all concerned?"

This was borne out when the GSE team from District 1840 from Southern Bavaria / Germany arrived in Orange County on March 22 for a four-week visit to District 5320. Comprised of a Rotarian team leader and four young professional journalists, the team members were quickly assimilated into the daily lives of their hosts to begin their journey of discovery into the professional and personal aspects of the American experience.

Goodwill was an obvious trait as introductions were made and our German guests were made to feel completely relaxed at a reception held for them on the first evening, along with the warm welcome they received from their host families.

Friendships quickly ensued when laughter and lively conversation brought everyone together in a spirit of true fellowship.

Visits to the Ocean Institute, the Shea Therapeutic Riding Center, The Surfing Heritage Museum, and the Boys' and Girls' Club initiated what will become a month-long study of the American Way for this special group, and will certainly be beneficial to our German guests, and to everyone with whom they will come into contact during their visit.

Welcome Max, Brigitte, Aaron, Kathrin, and Dagmar!! And "thank you for the memories." ■



The GSE Team from Bavaria with their country flag



President Linda, Team Leader Max, Dagmar, Aaron, Kathrin, Brigitte, & DG Roger McGonegal



Brigitte and Dagmar (in native dress with country flag) stay with Host PDG Rod & Nan

Hear the Real Story First Hand

by Terry Rifkin



5th Marine Commanding Officer **Colonel Patrick Malay** will be speaking at the Ocean Institute in Dana Point on April 28th at 7pm. He will be holding a "war room debriefing" to the community about his 13 month deployment in Iraq and the remarkable accomplishments of our service men and women that you won't hear on the 10 o'clock news. This is NOT TO BE MISSED!



President Linda and Home Hosts Bonnie, Don, and Paul with the GSE Team

President's Message

by Linda Knox Hess

Rotary International has designated April as "Magazine Month," a time to celebrate the global network of Rotary's official magazines that provide valuable information to 1.25 million Rotarians.

The first issue of The National Rotarian was published as a 12-page newsletter in January 1911 and produced about 2,000 copies. It included editorials, club news, announcements of new clubs, and an essay by Rotary founder **Paul Harris** in which he discussed the purpose of the new publication: "...to provide a means for the exchange of ideas between Rotarians throughout the world..."

Today The Rotary World Magazine Press consists of 32 regional magazines (from Africa, the Americas, Asia, Australia, and Europe) with distribution in more than 200 countries and geographical areas, and published in 25 languages to inform and inspire Rotarians. The Rotarian, Rotary's English-language flagship publication, is an 80-page, full-color magazine with a monthly circulation of about 500,000.

It takes much more than an editorial staff for these Rotary publications to live up to Paul Harris' original vision. It also takes the good work of Rotarians—and I look forward to the day we read an article about our club. Please consider sharing a copy of The Rotarian or a specific story with a friend or family member during "Magazine Month" – and every month. Remember, sharing Rotary creates an opportunity to increase membership, have fun, do good work, and Make Dreams Real! ■



President Elect Training (PeTS)

by Russell Kerr

I was privileged to participate in PETS over 3 days, Feb 20 - 22. There I met with over 400 president-elects for intensive training, orientation and inspiration in preparation for doing the work of a Rotary Club President. The level of organization and leadership experience was impressive. We listened to some of the best speakers in Rotary, from former RI Presidents to the new incoming RI President, John Kenny from Scotland. I even got to shake his hand! We were given fabulous tips and ideas on running a successful club. I came away with an army of new friends and I am truly inspired to lead our club with excitement and enthusiasm beginning July 1 this year. ■



Seniors Enjoy their St. Patrick's Day Luncheon!



May, 2009

Birthdays & Anniversaries

May 2	Paul Lehrich	Anniversary (Jaleh, 1968)	May 15	Jill McGovern	Anniversary (Mark, 2003)
May 5	Darrell Cavanaugh	Anniversary (Debbie, 1979)	May 16	Chris Hawn	Birthday
May 11	Al Soley	Anniversary (Shideh, 1989)	May 17	LaVal Brewer	Birthday
May 13	Barbara Moore-Meglen	Birthday	May 27	Darrell Cavanaugh	Birthday
May 15	Mark Cruz	Birthday			



Rotary Volunteers Make a Difference for the 5th Marines

by Terry Rifkin

It's Service Above Self when it comes to the tough job of watching those hard working, muscled Marines scrub those cars squeaky clean. The Marine Car Wash has become one of MBSR's favorite community projects. On Saturday, March 28th at South Shores Church over two dozen Rotarians, friends, and family pitched in to make the car wash a success. Almost \$12,000 was collected from the residents of Dana Point! I guess that shows that Marines are recession proof!!! All proceeds from this event will go to help our Marines that are deployed in Iraq and Afghanistan and also assist their families on base at Camp Pendleton.

This was a total community event with Military, Fire, and Police vehicles. There is nothing quite like the fun, the excitement and the patriotism of this special event. ■



Military and Police representatives at the came out to help



Ryla alumnus, student, and friend Volunteer and proudly display the Marine Flag



Kelley, Terry, Cyndi, Chris, & Ted (Terry's brother from Colorado) all volunteering at the Car Wash



Patty and Terry with members of the DP 5th Marines

Ramblings

by Neil Burns

Lots of celebrations in March.

Joe Fitzgerald, Kelley White, Susan Marshall, Mike Soliman, Nan Eide, and Lilith Sanchez all got a year older, and Don & Nancy Gonnevill, Russ & Pam Kerr, and James & Christine Littlejohn fell a little deeper in love. Congrats to all!

A lot of community-minded self-sacrifice also going around. Terry watching Marines crawl all over cars (or was she crawling over Marines washing cars?). And Cyndi opening her house to a couple of bike riding hunks. And while Nan was buried head deep in tax returns, Rod opened their house to two cute Bavarian girls here with the GSE team. Service above Self, indeed.

Congratulations to James on the grand opening of the Boys' & Girls' Club's new teen center. Great job, James!

The club played a great April Fool's joke on President-Elect Russ, announcing him as the speaker for the April 1 meeting without informing him. He also got to pinch hit as President for a day, with no pledge or song leader. Unfortunately, LaVal didn't get the memo: he gave a great invocation and then led the song. There's a petition going around requiring the rest of us to lip synch so LaVal can solo. Who hasn't signed? Cheers till next month. ■

MBSR on FaceBook

by Mitch Jackson

MBSR now has 80 people on our FaceBook group page! Most of these individuals are other Rotarians or people interested in community service from around the world.

If you have not already done so, spend some time this weekend checking out our club's FaceBook Group. Log on

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Save these dates!

Sat, 4/4: District Assembly, Chapman University, 8am-noon

Sat, 4/11: Awards Book Assembly @ Nan's office

Mon, 4/20: Board Meeting, 6pm

Sat, 4/25: "Rotarians at Work" Day (Beach Cleanup)

4/24 - 4/27: RYLA weekend

Sun, 4/26: DP Grand Prix

Sat, 5/9: "Stayin' Alive" Fundraiser, DoubleTree Doheny Beach

Tue, 5/12: Pres. Meeting (DISTRICT AWARDS: 4 pm)

Mon, 5/18: Board Meeting, 6 pm

Thu, 6/4: Student of the Month Banquet, DPYC



The 4-way test of things we think, say or do...

Is it the truth? • Is it fair to all concerned? • Will it build goodwill and friendships? • Will it be beneficial to all concerned?



MBSR distributes dictionaries to RH Dana Elementary 3rd, 4th, & 5th grade students



MBSR volunteers at the Festival of Whales Grunion Run 5k. Front L-R: President Linda, Cyndi, Diana; back L-R: Zobreh & Lilith

Time to Boogie! Auction items needed!!

Sell your Opportunity Tickets!!!

It will be a slammin' good time for all!



Monarch Beach Sunrise Rotary Officers & Directors 08/09

President..... Linda Knox Hess
 Vice President Open
 Secretary Martha Hoffmann
 Treasurer Rod Eide
 President Elect Russell Kerr
 Imm. Past President..... Gary Spencer
 Community Service Diana Crandall & Don Gonneville
 International Service Mitch Jackson & Mike Soliman
 Vocational Service..... Nan Eide
 Membership Gary Spencer
 Foundation Support Nan Eide
 Club Service Russell Kerr
 Club Bulletin Cyndi Elders
 Attendance..... John Rose
 Sergeant at Arms..... Paul Lehrich
 Fellowship & Social..... Lisa Wilson
 Information/Orientation Rod Eide
 Programs..... Alan Wickstrom
 Fine Master..... Neil Burns
 Song Leader John Hayden
 Chair, Photography..... Terry Rifkin
 Chair, Publicity..... Cyndi Elders
 Club Website..... Alan Wickstrom
 Golf Tournament Rod Eide, Mitch Jackson & Russell Kerr
 RI President D. K. Lee
 District Governor..... Roger McGonegal
 Asst. Dist. Governor Cliff Nelson

Monarch Beach Sunrise Rotary Make-Up Locations

TUESDAY

7:10am, Mission Viejo
 Casta del Sol Golf Club House
 7:15am, San Clemente Sunrise
 Talega Country Club Heritage Grill
 7:30am, Newport Sunrise
 Five Crowns, PCH
 12 noon, Laguna Niguel
 Savannah Chop House
 7:00pm, Coto De Caza/RSM
 Coto de Caza Golf & Racquet Club

WEDNESDAY

7:00am, Coto De Caza/RSM Del Sol
 RSM Bell Tower
 6:15pm, Newport-Balboa
 Bahia Corinthian Yacht Club
 6:15pm, San Juan Capistrano
 Sarducci's Capistrano Depot

THURSDAY

12 noon, Newport-Irvine
 University Club @ UCI
 12 noon, San Clemente
 Iron in the Fire Restaurant

FRIDAY

12 noon, Laguna Beach
 Hotel Laguna

See website for more details

MBSR on Facebook, *continued from page 3*

to FaceBook (if you don't have an account, it's free so set one up) and then do a search in the Groups for Monarch Beach Sunrise Rotary Club. Join our group and send emails to your friends and FaceBook friends to join our club's group. This is a great way to share what our club does with other people around the community and world. It's also a great way to indirectly share Rotary with others and bring new members into our club. In the first 8 hours this new group went live, we had 20 members from around the world join our group, only 2 of whom were members in our club. Visit this new group and say hello to the other Rotarians around the world who have shown an interest in our club. Click on their links and send messages or write on their Walls. Pretty cool stuff Rotarians!