



October Students of the Month, Steven White & Jacqueline Gantes, with Paul Lehrich & Darrell Cavanaugh



November Students of the Month, Eric Landau & Jaclyn McClanathan, with Paul Lehrich & Darrell Cavanaugh



“Drug Use is Life Abuse” Poster Contest Winners receive prize money from MBSR

## MONARCH BEACH SUNRISE ROTARY CLUB OFFICERS & DIRECTORS • ROTARY YEAR 2005-2006

**PRESIDENT** ..... Paul Lehrich  
**VICE PRESIDENT** ..... Darrell Cavanaugh  
**SECRETARY** ..... Ronda Oakes  
**TREASURER** ..... Rod Eide  
**PRESIDENT ELECT** ..... Patty Vogan  
**IMMEDIATE PAST PRESIDENT** ..... Cyndi Elders  
**Vocational Service** ..... Darrell Cavanaugh  
**International Service** ..... Gary Spencer  
**Community Service** ..... Anita Houston  
**Club Service** ..... Patty Vogan  
**Club Bulletin** ..... Linda Knox-Hess  
**Foundation Support** ..... Nan Eide  
**Membership** ..... Neil Burns/Dennis Gabrick  
**Attendance/Sgt at Arms** ..... John Rose  
**Fellowship/Social** ..... Mary Jeffries/Sharon Hemighaus  
**Information/Orientation** ..... Rod Eide  
**Programs** ..... Al Soley/Mark Cruz  
**Fine Master** ..... Joe Fitzgerald  
**Song Leader** ..... Barbara Merriman  
**Club Website** ..... Mitch Jackson  
**Club Publicity** ..... Jayne Powell  
**Scholarship Program** ..... Bonnie Myers  
**Golf Tournament Fundraiser** ..... Rod Eide/  
 Don Gonneville/Barbara Merriman  
**Children’s Charities Fundraiser** ..... Patty Vogan  
**RI PRESIDENT** ..... Carl-Wilhelm Stenhammar  
**DISTRICT GOVERNOR** ..... Bill Peloquin  
**ASST. DISTRICT GOVERNOR** ..... Mike Wagner

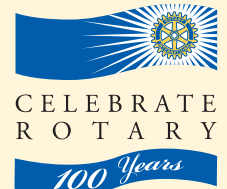
### MAKE-UP LOCATIONS

(See our website for additional locations)

**TUES 7:10 a.m. Mission Viejo:**  
 Casa Del Sol Golf Club House  
**7:15 a.m. San Clemente Sunrise:**  
 Talega Country Club Heritage Grill  
**7:30 a.m. Newport Sunrise:**  
 Five Crowns, PCH  
**12:00 noon Laguna Niguel:**  
 St. Regis Hotel & Spa  
**7:00 p.m. Coto De Caza/RSM:**  
 Tijeras Creek Golf Club  
**WEDS 6:15 p.m. Newport-Balboa:**  
 Bahia Corinthian Yacht Club  
**12:00 noon Saddleback Valley:**  
 Bakers Square, Lake Forest  
**6:15 p.m. San Juan Capistrano:**  
 Sarducci’s Capistrano Depot  
**THURS 12:00 noon Newport-Irvine:**  
 Radisson Hotel, Newport Beach  
**12:00 noon San Clemente:**  
 Pacific Golf Club  
**FRI 12:00 noon Laguna Beach:**  
 Hotel Laguna

## SAVE THE DATE!

**FRIDAY, DECEMBER 16**  
 Holiday Party at Club 19  
**WEDNESDAY, DECEMBER 21**  
 “White Elephant” Gift Exchange  
**MONDAY, JANUARY 2, 2006**  
 Rose Parade Rotary Float  
**WEDNESDAY, FEBRUARY 1**  
 Speech Contest  
**WEDNESDAY, FEBRUARY 22**  
 Singing Contest  
**SATURDAY, MARCH 25**  
 District 5320 Foundation Dinner  
**FRI, APRIL 28 - SAT, APRIL 30**  
 RYLA Camp  
**MONDAY, JUNE 6**  
 Student of the Month  
 Banquet, Dana Point  
 Yacht Club, 6pm



### Monarch Beach Sunrise ROTARY CLUB

P.O. Box 280, Dana Point, CA 92629-0280  
[www.monarchbeachrotary.com](http://www.monarchbeachrotary.com)

The 4-way test of things we  
 think, say or do...

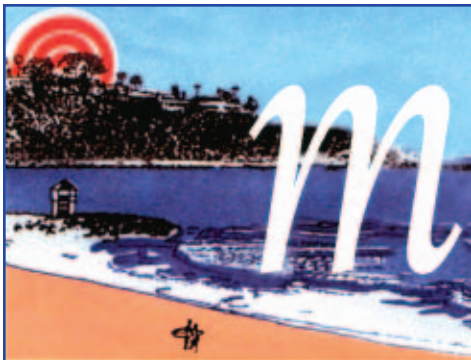
Is it the **truth**?

Is it **fair** to all concerned?

Will it build **goodwill**  
 and **friendships**?

Will it be  
**beneficial**  
 to all concerned?





# Monarch Beach Sunrise Rotary Club

on the California Riviera  
www.monarchbeachrotary.com



December 2005

## SENIORS FEAST AT MBSR'S ANNUAL THANKSGIVING LUNCHEON

by Anita Houston

On Saturday, November 19, Monarch Beach Sunrise Rotary members gathered at the Dana Point Community Center to kick off our annual Seniors' Thanksgiving Luncheon.

Putting on this luncheon without Daniela Radu was a big challenge and I wanted Daniela to be proud of everyone coming together for continued success of this wonderful annual event. Even our president Paul Lehrich stepped up to the plate and cooked a turkey with gravy for the first time. Good job Paul! With the leadership of Russell Kerr in the kitchen, eight Rotarians started food preparation in the Community Center's kitchen at 9:00 am. Imagine peeling 60 lbs. of potatoes along with preparing dressing, vegetables, salad, pies, and all the trimmings for 130 servings and 19 seniors who were unable to leave their homes due to their frail condition. Eight dedicated Rotarians arose in the wee hours of the morning to roast turkeys and deliver them to the center by 11:00 am. Before serving this grand luncheon at 11:30 am, there was a moment of silence in honor of Dominick Smith.

At the end of the luncheon, all the beautiful centerpieces created by Linda Knox-Hess (and inspired by Carol O'Connell) were raffled off. This was our largest Thanksgiving event yet, made possible by our dedicated members of Monarch Beach Sunrise Rotary.



L-R: George Rendon, Mary Jeffries, Sharon Hemighaus, Terry Ritkin and Mark Fox in the kitchen



Seniors await the Thanksgiving feast!



Rotarians enjoyed a matinee performance of "Many Happy Returns" at the Laguna Playhouse. L-R: Rod Eide, Mary Jeffries, Nan Eide, Linda Knox-Hess and Mark Fox.



Scholarship student recipient, Dolores Lopez, thanks MBSR. Also pictured are proud father Jose (l) & member/mentor Bonnie Myers (r).

# PRESIDENT'S MESSAGE - PAUL LEHRICH



Seasons Greetings! Somewhere between the turkey and the stuffing, Rotary found a time to be very busy during November. The vocational committee held their 16th Vocational Day at the Ritz-Carlton on the Bluff. Over 125 students from the Dana Hills and Aliso Viejo high schools spent the morning at various city offices as well as at the offices of some of our own Rotarians. After a hard morning in the offices, the kids had lunch at On the

Border Restaurant in Aliso Viejo and then headed back to school. Quite a few Capistrano School District officials attended, along with the Mayors of Laguna Niguel and Dana Point, testament to the importance of the program. Our hats are off to all the Rotarians that made this day possible.

Speaking of hats, our community service committee put their chef hats on for Thanksgiving Dinner at the Dana Point Community Center. Our members took to the kitchen early

in order to prepare a traditional Thanksgiving feast. The tremendous efforts of all the volunteers helped to feed the more than 100 senior citizens in attendance and truly made it a memorable day for all involved. Thank you to all the Rotarian scholarship students and volunteers that worked to make this a special day.

We also found time to honor the winners of the Red Ribbon Week poster contest for "Drug Use is Life Abuse." The Assistant Principals from Aliso Viejo Middle School and Niguel Hills Middle School joined the student winners and their parents as Co-chairs Lisa Wilson and Frank Mogavero presented prize money to the contest champs.

I urge you all to continue your efforts on these important projects and know that the impact that these outreach programs have on our community is immeasurable. Thank you for all of your hard work during 2005 and as we enter this holiday season, Jaleh and I wish all Rotarians and their loved ones a healthy and happy holiday and best wishes for the New Year.

## RAMBLINGS...

by Terry Rifkin

Each edition of the MBSR Bulletin, there will be a brief paragraph of little newsy tidbits. Should you have any dirt to include, please let me know so that I may include it in our *Ramblings...*

Thanksgiving for the seniors was a big hit! There was a definite fashion emergency between the chef's hats, hairnets, and the tuxedo apron (Dr. Cruz)... Two-month-old Nicole Marie attended her first community service project when she reported in to the community center. She is well on her way to her blue badge... Service before self; lucky winner of our club raffle, Mike Solimon, turned his winnings back to the club to make the holiday party merrier. What a guy!!!... Patty Vogan solved the fashion emergency when she modeled holiday attire for the Sand Dollar Guild Fashion Show at the Ocean Institute. Eyewitnesses attest to a new special "fan" in the audience!... What kind of an oxymoron is it when our Club Mortician, Joe Fitzgerald, wins a longevity award?... Cherie Hinchliffe is back from her Tuscan holiday. How awesome does that sound?... Our art collectors are back from their trip to Australia. Looks like Neil Burns and Martha Hoffmann have some new acquisitions... Darrell Cavanaugh has had to reorder more State Farm brochures after the onslaught of requests at the Wednesday panel discussion where he "came out" to Rotary with his new family business endeavor... Many kudos to Darrell, Patty Vogan, Anita Houston, Chris Hawn, and Ellen Turnbull for their courage in tackling new careers at their "Half-Time" and sharing their stories with the Club... Nancy and John Baumann are back from their annual trip to Hawaii. Hope you will bring the club some of the aloha spirit... Ronda Oakes won 6th place in her Body Building competition. She looked magnificent. Ask her to see the 'R' rated photos... Time for holiday giving to our needy families; most of who are from the Boys and Girls Club. Whether you donate money, buy gifts, wrap or deliver, remember those who are not as fortunate as we are at this magical time of year and give generously... *More Ramblings next month...*

## THE ROTARY FOUNDATION'S BEGINNING

by Nan Eide

Some magnificent projects grow from very small seeds. The Rotary Foundation had that sort of modest beginning.

In 1917, RI President Arch Klumph told the delegates to the Atlanta convention, "It seems eminently proper that we should accept endowments for the purpose of doing good in the world." The response was polite and favorable, but the fund was slow to materialize. A year later, the Rotary Endowment Fund, as it was originally labeled, received its first contribution of US \$26.50 from the Rotary Club of Kansas City, Missouri, which was the balance of the Kansas City convention account following the 1918 annual meeting. Additional small amounts were contributed each year, but after six years, the endowment fund had reached only \$700. A decade later, The Rotary Foundation was formally established at the 1928 Minneapolis convention. In the next four years, the Foundation fund grew to \$50,000. In 1947, a \$2 million goal was announced for the Rotary Foundation, but these plans were cut short and abandoned with the outbreak of World War 11.

In 1947, upon the death of Paul Harris, a new era opened for The Rotary Foundation as memorial gifts poured in to honor the founder of Rotary. From that time, The Rotary Foundation has been achieving its noble objective of furthering "understanding and friendly relations between peoples of different nations." By 1954, the Foundation received for the first time a half million dollars in contributions in a single year, and in 1965 a million dollars was received.

It is staggering to imagine that from those humble beginnings, The Rotary Foundation is now receiving more than \$65 million each year for educational and humanitarian work around the world. From the ABCs of Rotary.

## ROTARIAN HIGHLIGHT: MARK MONTGOMERY

by Neil Burns

New Monarch Beach Sunrise Rotary member Mark Montgomery and his wife Cristie have two daughters, Michelle, 21, and Ashley, 19. Mark, not to be confused with the local dentist of the same name, is a commercial photographer specializing in weddings and portraits. From day one, Mark has jumped into being MBSR's designated photographer, greatly improving the images displayed in our monthly newsletter.

Mark's interests include golf, cooking, and wine, and, apparently, beautiful women (!), which is what attracted him to MBSR, or so he says. He enjoys the idea of helping others and is hopeful he can do that through Rotary with his photography. Originally, a guest of Dr. Mark Cruz, he is impressed with the high caliber of all the new Rotary friends

he is meeting, and he loves gathering at the incredible Ritz-Carlton Laguna Niguel.

Although he hasn't yet decided what he likes best about MBSR (other than the beautiful women!) he would like to see the club become active in supporting breast cancer research and in supporting the Model United Nations program at Dana Hills High School in which his younger daughter Ashley is active.



Mark Montgomery

## 16TH ANNUAL VOCATIONAL DAY

by Darrell Cavanaugh



L-R: Frank Mogavero, Shane Rogers, Matt Rogers, Sheri Hanratty, Darryl Cavanaugh, & President Paul Lehrich.

On Wednesday, November 9, 2005, our Monarch Beach Sunrise Rotary Club hosted the 16th Annual Vocational Day event at the Ritz-Carlton Laguna Niguel. This year we had 116 high school seniors from both Dana Hills High School and Aliso Niguel High School attend the event. The purpose of the event is to give high school seniors the opportunity to spend a morning visiting a potential career path as way to be exposed to the possibilities they have for their future employment. The event offered approximately 25 different career venues to explore.

The day began early at 6:45am with a breakfast at the Ritz-Carlton. Paul Lehrich, MBSR President welcomed the students and invited guests and kicked off the meeting. Darrell Cavanaugh, Vocational Services Director, introduced Career Day, and a brief overview of Rotary. Sheri Hanratty, our Career Day Chair, introduced the honored guests in attendance and then took the attendees through the logistics for the day.

Our featured speaker was Matt Rogers. Matt is a graduate of the University of Washington and was a member of the Huskies football team that won the 2001 Rose Bowl. Matt turned his love of singing and performing into a final 12 appearance on season 2 of the popular TV show American Idol. Since then Matt has been an offensive line coach for the nationally ranked Mission Viejo High School football team, a sideline reporter for TBS College Football games and has started his own mortgage lending business. Matt attributed his success to never letting other's limit his dreams and setting goals. He encouraged the students in attendance at Vocational Day to set their goals high and never to be deterred from pursuing your true dreams.

Special thanks to Sheri Hanratty for her hard work in coordinating Vocational Day! Our thanks to all the Rotarians and community members who volunteered their time to help these students explore future careers! We could not have done it without you.



Students enjoy lunch with hosts from Orange County Sheriffs Department.



David Lopez (center) receives his Blue Badge and is pictured with sponsor, Terry Rifkin and Paul Lehrich.

## BIRTHDAYS & ANNIVERSARIES JANUARY 2006

January 11	Carol O'Connell	Anniversary
January 12	Sylvia Szabo-Larson	Birthday
January 13	Lisa Wilson	Birthday
January 14	Barbara Merriman	Birthday
January 22	Nan Eide	Anniversary
January 22	Rod Eide	Anniversary

