

MONARCH BEACH SUNRISE ROTARY CLUB

OFFICERS & DIRECTORS • ROTARY YEAR 2004-2005

PRESIDENT Cyndi Elders
VICE PRESIDENT Patty Vogan
SECRETARY Mary Jeffries
TREASURER Rod Eide
PRESIDENT ELECT Paul Lehrich
IMMEDIATE PAST PRESIDENT Nan Eide
 Vocational Service Darrell Cavanaugh
 International Service Renée Hamilton
 Community Service Anita Houston
 Club Service Paul Lehrich
 Club Bulletin Linda Knox-Hess
 Foundation Support Nan Eide
 Membership Neil Burns
 Attendance John Rose
 Fellowship/Social Terry Rifkin/Carol O'Connell
 Information/Orientation Rod Eide
 Programs Carol O'Connell
 Sergeant-at-Arms John Rose
 Fine Master Dennis Gabrick
 Song Leader Barbara Merriman
 Scholarship Program Bonnie Myers
 Golf Tournament Fundraiser Rod Eide
 Children's Charities Fundraiser ... Martha Hoffmann
RI PRESIDENT Glenn Estess, Sr.
DISTRICT GOVERNOR Grant Engle
ASST. DISTRICT GOVERNOR Ray Perez

MAKE-UP LOCATIONS

MON 12:00 noon Anaheim:
 Diamond Club, Edison Field

TUES 7:10 a.m. Mission Viejo:
 Casa Del Sol Golf Club House

7:15 a.m. San Clemente Sunrise:
 Talega Country Club Heritage Grill

7:30 a.m. Newport Sunrise:
 Five Crowns, PCH

12:00 noon Laguna Niguel:
 St. Regis Hotel & Spa

7:00 p.m. Coto De Caza/RSM:
 Dove Canyon

WEDS 12:00 noon Saddleback Valley:
 Irvine Suites Hotel

6:15 p.m. San Juan Capistrano:
 Sarducci's Capistrano Depot

THURS 12:00 noon Newport-Irvine:
 Atrium Hotel

12:00 noon San Clemente:
 San Clemente Inn

FRI 12:00 noon Laguna Beach:
 Hotel Laguna

SAVE THE DATES!

FRIDAY, JANUARY 14
 Poker & Chili Cookoff

SATURDAY, FEBRUARY 12
 Sock Hop & Swing Dance Lesson

WEDNESDAY, FEBRUARY 16
 "Centennial Celebration"
 Foundation Dinner

SATURDAY, APRIL 2
 District Assembly

FRI-SUN, APRIL 29 - MAY 1
 RYLA

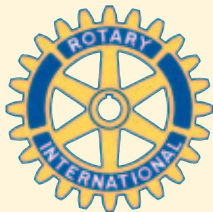
FRI-SAT, MAY 20 - MAY 21
 District Conference

SATURDAY, JUNE 11
 Viva Las Vegas Fundraiser

SAT-WED, JUNE 18- JUNE 22
 "Centennial"
 International Convention



CELEBRATE
 R O T A R Y



Monarch Beach Sunrise ROTARY CLUB

P.O. Box 280, Dana Point, CA 92629-0280

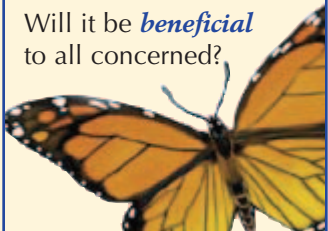
THE 4-WAY TEST OF THINGS WE THINK, SAY OR DO

Is it the *truth*?

Is it *fair* to all concerned?

Will it build *goodwill*
 and *friendships*?

Will it be *beneficial*
 to all concerned?





Monarch Beach Sunrise Rotary Club

on the California Riviera



December 2004

CAREER DAY 2004

by Darrell Cavanaugh

On Wednesday, November 10, 2004 our Monarch Beach Sunrise Rotary Club hosted the 15th Annual Career Day event at the Ritz Carlton Hotel in Monarch Beach. This year we had 127 high school seniors from both Dana Hills High School and Aliso Niguel High School attend the event. The purpose of the event is to give high school seniors the opportunity to spend a morning visiting a potential career path as way to be exposed to the possibilities they have for their future employment. The event offered approximately 25 different career venues to explore.

Career Day by his wife of 9 years, Debbie, who coincidentally is a teacher and career counselor at Cal State Fullerton. Brad was selected to be our speaker at this event after Cyndi Elders and Darrell Cavanaugh heard Brad address the group assembled at District 5320's September Presidents' meeting. Brad has ties to Rotary in that he was an ambassadorial scholar to Australia a few years ago. Brad immediately captured the attention of everyone at the event with some fun and interesting group table activities. He then gave us insight into his background and his thought process for the career choices he has made. Brad's talk was quite an inspiration and was very well received by the students.



Career Day Speaker with his wife

Dana Hills High School, "I had such a wonderful experience and know that my peers did as well. I hope to see more of the Rotary Club throughout the year and will be sure to contribute to the community as much as you have demonstrated today". We even had a student find a job during Career Day. Our member Al Soley (of Aliso Creek Printing) had been looking for a part-time employee and hired one of the students he met at Career Day.

There are many people to thank for helping to put on the event led by Sheri Hanratty, the Career Day Chair. We continue to appreciate the enthusiastic support we receive from the Capistrano Valley School District and the principals and staffs of both Dana Hills and Aliso Niguel High Schools. Thanks also to Tim McMahon for arranging once again with Mr. Gantes and the Breckenridge Group for our free lunch at On the Border Restaurant at Town Center in Aliso Viejo. Some additional good news is that club members will NOT be assessed for the breakfast this year. The board voted to use club funds so as not to assess the usual \$25-\$40/member.

The consensus of opinion was that this was the best Career Day to date. Congratulations again to MBSR Club for a fantastic 2004 Career Day!



Career Day Breakfast at the Ritz Carlton

The day began early at 6:45am with a breakfast at the Ritz Carlton. MBSR President Cyndi Elders welcomed the students and invited guests and kicked off the meeting. Darrell Cavanaugh, Vocational Services Director, gave the introduction to Career Day and a brief overview of Rotary. Sheri Hanratty, our Career Day Chair, introduced the honored guests in attendance and then took the attendees through the logistics for the day.

Our featured speaker was Dr. Brad Darling, the principal of Rio Contiguo High School in Santa Ana, California. Rio Contiguo is a high school of approximately 125 incarcerated drug offenders. Dr. Darling was joined at

Sheri Hanratty, our Career Day chair, did an amazing job of organizing and running the event. Virtually every member of our club participated in some way including set up, event registration, hosting students for the job shadowing process or acting as a driver for students.

Feedback from the event has been universally positive with the principals and career counselors of high schools, business owners, our MBSR members



Career Day Chair Sheri Hanratty

and most importantly, the students. Said student Brianne Underwood of

PRESIDENT'S MESSAGE - CYNDI ELDERS



December has been designated Family Month by our Rotary International Board. What a perfect time of year to focus on our families, our extended Rotary family, as well as families in need. We all consider family the top priority in our lives, but do you ever wonder in this fast paced, technology driven world if our top priority is getting enough attention? The holidays are a perfect time to

pay more attention, spend extra time with family and friends, reflect on the past year, and plan for the year ahead.

The holidays are also a perfect time to include family in Rotary functions. I was so pleased to see so many of our members' children and other family members participating in the Seniors' Thanksgiving luncheon; cooking, serving, decorating, and adding family "togetherness" to such a meaningful, rewarding day. Several of our members have also committed their entire families to participate in sponsoring a military family in our Christmas giving program chaired by Penny DiCaro. We will be sponsoring nine military families as well as one family of seven from the Boys and Girls Club. Another opportunity to include families will be caroling at Aegis and

attending our holiday party at Paul and Jaleh Lehrich's home, chaired by Terry Rifkin and Carol O'Connell. Keep your family involved so that they feel a part of our Rotary family.

At a recent Wednesday morning meeting, several people spoke about the many things and people for which we are so grateful and how much our extended Rotary family adds to our lives. Our club is special! We are a family of which I am extremely proud to be included. In my four and a half years of membership, every President before me has proudly spoken of how many times guests and visiting Rotarians comment on what a great, involved, and energetic group we are. I was very proud to be your President when a visiting Rotarian from Norway visited two weeks in a row and spoke to our members that he has visited many clubs worldwide and found ours to be the "very best" he had ever seen! His second visit was to bring his son, a native from Norway who has just moved to Dana Point, to meet our members in consideration of joining our club. Imagine how special it will be to welcome a new member into our local club whose father is a long standing Rotarian in Norway! The family of Rotary truly extends throughout the world.

As 2004 comes to a close, half-way through our Rotary year, I personally thank each of you for your incredible efforts, overwhelming accomplishments, endless generosity, and loving support. My heartfelt wishes to you and your families for the happiest of Holidays filled with love, health, peace, and joy!

MARK YOUR CALENDARS NOW FOR RI DISTRICT 5320'S CENTENNIAL CELEBRATION FOUNDATION DINNER

by Bonnie Myers

How special are those opportunities to *pay tribute*—to recognize an extraordinary person who has touched our lives uniquely and personally—perhaps, a beloved family member, a devoted friend, an outstanding member of the community, or in this case, an incredible organization supported by people of exceptional vision!!

The concept of paying tribute dates back to antiquity. The practice originated out of a sense of duty and obligation but, in more modern times, it has come to signify the act of showing respect and admiration.

Coming together to "pay tribute" is what this year's Centennial Celebration Foundation Dinner is all about! On Wednesday, February 16, 2005, we Rotarians of District 5320 will be "paying tribute" to those individuals (ourselves included) who have contributed generously to The RI Foundation this "Centennial" year. As significantly, we will be paying tribute to the remarkable work done by District 5320 clubs in past years—service projects and charitable giving made possible through The RI Foundation—the world's premiere global philanthropic

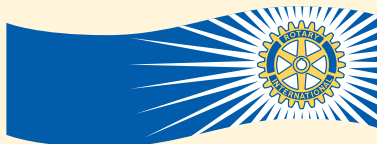
foundation!

All Monarch Beach Sunrise Rotarians are invited to be a proud part of this sparkling evening of CELEBRATION! Join us for a delicious dinner, recognition awards and great entertainment, including special guests, audio-visual presentation and uplifting music! Family members and guests will be welcome as well, but book early—our ballroom at the Crowne Plaza Anaheim Resort only holds 800. Wouldn't it be great to have three or four tables of our own club members in attendance!

A no-host cocktail hour will be held from 6:15 - 6:45 PM, followed by dinner and program. The evening will conclude at 9:00 PM. The hotel is conveniently located near Harbor Boulevard and the 5 Freeway (12021 Harbor Boulevard, Garden Grove.) Tickets are

\$55 per person.

RI Foundation Chair will be coordinating dinner reservations for our club. For information, call Nan Eide at (949) 361-2555 or Foundation Dinner Chair Bonnie Myers, (949) 661-0865.



CELEBRATE
ROTARY

100 Years

SENIORS FEAST AT MBSR'S ANNUAL THANKSGIVING LUNCHEON

by Anita Houston

On Saturday, November 20, Monarch Beach Sunrise Rotary members gathered at the Dana Point Senior Center to kick off our annual Seniors' Thanksgiving Luncheon. Under the leadership of head chef and organizer extraordinaire Daniela Radu, the whole day came off without a hitch. Eight dedicated Rotarians arose in the wee hours of the morning to roast turkeys and deliver them to the center by 11:00 a.m. The on-site cooking crew arrived at 9:00 to prepare the salads and vegetables, peel the potatoes and chop oh so many onions! It was enough to bring tears to our eyes! By 11:30 a.m., the servers arrived, the plates prepared and another grand luncheon was served to over 130 appreciative and hungry seniors. In addition to providing lunch to our attendees, MBSR drivers took meals to 12 seniors who are unable to leave their homes due to their frail condition.



Daniela Radu, Linda Hess, & Ron Lackey in the Kitchen.

This was our largest Thanksgiving event yet, made possible by almost 100% participation of MBSR members, whether by buying and roasting turkeys, cooking, serving, driving or providing cash donations to help defray the costs. Special thanks again go to Daniela for her prodigious effort and managerial expertise to not only efficiently prepare and serve 142 Thanksgiving meals, but to organize those Monarch Beach Rotarians to pull it off!



Russell Kerr & Renee Hamilton in the Kitchen

DRUG USE IS LIFE ABUSE



Winners of our Annual "Drug Use Is Life Abuse" Poster Contest: Laura Beresford (1st), Chelsea Lelito (2nd), and Armando Catacutan (3rd) with Niguel Hills Middle School Asst. Principal, Karen Gerhard and MBSR "judges", Anita Houston, Patty Vogan, & Frank Mogavero. Above, L-R: Karen Gerhard, Anita, Chelsea Lelito, Patty, Laura Beresford, Armando Catacutan, & Frank.



Right: 1st place winning poster "Use Your Head", by Laura Beresford.



Mark Cruz is now a Daddy!

His wife, Geri Ann, gave birth to Brendan Matthew on September 23rd
President Cyndi Elders presents Mark with a baby gift from MBSR

BIRTHDAYS AND ANNIVERSARIES

January 11	Carol O'Connell	Anniversary
January 12	Sylvia Szabo-Larson	Birthday
January 12	Bob Rasmusson	Anniversary
January 13	Lisa Wilson	Birthday
January 14	Barbara Merriman	Birthday
January 22	Nan Eide	Anniversary
January 22	Rod Eide	Anniversary

